

0300 123 7572

Dear Colleague,

As you will know, the UK is currently dealing with the impact of the Covid-19 pandemic. The NHS across England has had to change the way that healthcare is delivered so that services can concentrate on treating and caring for patients who are in most need.

Because of this situation, all community services like those we provide at HCT have changed so that staff can support the local response to Covid-19. This is a clear instruction to us from the NHS in England. It means we have had to postpone treatments and appointments for conditions that are not urgent or do not represent a risk to someone's life.

Therefore, for the foreseeable future the School Nursing Service will not be able to provide our usual services for children, young people and their families.

Services which will continue:

- There is a School Nurse on duty every weekday that can support you with any concerns you may have about a child's/children's health and wellbeing. They can be contacted on:

0300 123 7572 from 9am to 5pm Monday to Friday

- The service is continuing to accept referrals for children and young people requiring support for low level mental health, emotional and wellbeing concerns including anxiety, low mood, anger, behaviour, self-esteem, stress and sleep issues. Referrals can be made online through the following link:
<https://www.hct.nhs.uk/forms/school-nursing-form.asp>

- **Chathealth texting service - 07480 635050**

This service is available for young people aged 11 to 19. Texts are responded to by a School Nurse between 9am and 5pm Monday to Friday

You can also access further information from our websites:

Hertfordshire Family Centre Service – www.hertsfamilycentres.org

Health for Kids – www.healthforkids.co.uk/hertfordshire

Health for Teens - <https://www.healthforteens.co.uk/hertfordshire>

Thank you for your understanding.