

Year 7 Curriculum Map

Unit of Work	CORE KNOWLEDGE	KEY SKILLS
<p>Term 1 Netball (girls)</p>	<p>PASSING</p> <p>FOOTWORK & PIVOTING</p> <p>ATTACKING & DODGING</p> <p>DEFENDING</p> <p>SHOOTING</p> <p>POSITIONING & RULES (BASIC GAME PLAY)</p>	<p>Decision making</p> <p>Execution of skills</p> <p>Decision making</p> <p>Decision making</p> <p>Execution of skills/techniques</p> <p>Tactical awareness</p>
<p>Rugby (boys)</p>	<p>TACKLING</p> <p>PASSING</p> <p>BALL IN CONTACT/PRESENTATION</p> <p>RUCK</p> <p>BASIC RULES & CONDITIONED GAME PLAY</p>	<p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>techniques</p> <p>Application of tactical and strategic ideas</p> <p>Knowledge/strategies/tactical awareness</p>

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<p>Football (boys and girls) taught separately</p>	<p>PASSING & CONTROL</p> <p>DRIBBLING</p> <p>ATTACKING & OUTWITTING OPPONENT</p> <p>DEFENDING/TACKLING</p> <p>SHOOTING</p> <p>GAME PLAY/ASSESSMENT INCLUDING BASIC RULES</p>	<p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Tactical awareness</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Tactics/strategies/technique</p>
<p>Half Term 2 Handball (boys and girls mixed)</p>	<p>PASSING</p> <p>DRIBBLING</p> <p>SHOOTING</p> <p>CREATING SPACE BY DODGING, FEINTING</p> <p>DEFENDING & JOCKEYING</p> <p>GAME PLAY/ASSESSMENT TO INCLUDE BASIC RULES</p>	<p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Tactics/strategies/technique/decision making</p>

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Basketball (boys and girls mixed)	<p>PASSING</p> <p>DRIBBLING</p> <p>SHOOTING (set shot)</p> <p>ATTACKING PLAY (individual and team)</p> <p>DEFENDING (Individual)</p> <p>GAME PLAY/ASSESSMENT TO INCLUDE BASIC RULES</p>	<p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Execution of skills/decision making</p> <p>Tactics/strategies/technique/decision making</p>
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Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Term 2 Swimming (boys and girls mixed)	<p>FRONT CRAWL</p> <p>BACK STROKE</p> <p>BREAST STROKE</p> <p>ENTRY INTO WATER (dives, jumps)</p>	<p>Execution of skills</p> <p>Execution of skills</p> <p>Execution of skills</p> <p>Execution of skills</p>

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<p>Term 2 Gymnastics (boys and girls mixed)</p>	<p>BALANCE</p> <p>TRAVEL</p> <p>ROTATIONS AND ROLLS</p> <p>SEQUENCE DEVELOPMENT</p> <p>FLIGHT</p> <p>SEQUENCE DEVELOPMENT TO INCLUDE FLIGHT/ASSESSMENT</p>	<p>Execution of skills/Application of compositional, tactical & strategic ideas</p> <p>Execution of skills /Application of compositional, tactical & strategic ideas</p> <p>Execution of skills/Application of compositional, tactical & strategic ideas</p> <p>Execution of skills/Application of compositional, tactical & strategic ideas</p> <p>Execution of skills/Application of compositional, tactical & strategic ideas</p> <p>Execution of skills/Application of compositional, tactical & strategic ideas</p>
<p>HRF (boys & girls mixed)</p>	<p>INTRODUCTION TO COMPONENTS OF FITNESS</p> <p>COMPONENTS OF FITNESS CONTINUED</p> <p>INTRO TO FITNESS TESTING</p> <p>FITNESS TESTING CONTINUED</p>	<p>Develop expertise</p> <p>Develop expertise</p> <p>Evaluating & analysing performance/engage & persist/healthy lifestyle choices</p>

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	METHODS OF TRAINING METHODS OF TRAINING CONTINUED	Evaluating & analysing performance/engage & persist/healthy lifestyle choices

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Unit of Work	CORE KNOWLEDGE	KEY SKILLS
<p>Term 3 Athletics (boys and girls mixed)</p>	<p>Order & content to vary depending on weather – all students to complete all possible track & field events up to 800m.</p> <p>SPRINTING</p> <p>JUMPING</p> <p>THROWS</p> <p>MIDDLE DISTANCE</p> <p>RELAY</p>	<p>Execution of skills/techniques</p> <p>Execution of skills/techniques</p> <p>Execution of skills/techniques</p> <p>Execution of skills/techniques</p> <p>Execution of skills/techniques</p>
<p>Cricket (boys and girls mixed)</p>	<p>FIELDING (CATCHING, THROWING, GROUND FIELDING)</p> <p>BOWLING</p> <p>BATTING</p> <p>RUNNING BETWEEN WICKETS/COMMUNICATION</p> <p>CONDITIONED GAME PLAY (PAIRS CRICKET)</p>	<p>Execution of skills/techniques</p> <p>Execution of skills/techniques</p> <p>Execution of skills/techniques/decision making</p> <p>Execution of skills/techniques/decision making</p> <p>Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas</p>

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Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Term 3 Rounders (boys and girls mixed)	THROWING & CATCHING BATTING FIELDING BOWLING GAME PLAY INCLUDING POSITIONAL PLAY/RULES	Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas
Tennis (boys and girls mixed)	RACKET AND BALL FAMILIARISATION FOREHAND BACKHAND SERVE GAME PLAY INCLUDING RULES/SCORING	Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas

Students to be assessed at the end of each activity