Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Term 1 Netball (girls)	PASSING & MOVEMENT	Execution of skills/Decision making
	DODGING & CREATING SAPCE	Execution of skills/Decision making
	DEFENDING & INTERCEPTING	Decision making/Decision making
	ATTACKING/MOVING THE BALL DOWN THE COURT	Decision making/Decision making
	COMMUNICATION/KEEPING POSSESSION	Decision making/Decision making
	GAME DEVELOPMENT	Tactics/strategies/technique/decision making Application of tactical and strategic ideas
	FINAL ASSESSMENT FULL COURT GAME PLAY	
		Tactics/strategies/technique/decision making Application of tactical and strategic ideas
Rugby (boys)	TACKLING RECAP	Execution of skills/decision making
	DEFENSIVE LINE WORK	Execution of skills/decision making
	PASSING:BEATING DEFENDERS WITH BALL	Execution of skills/decision making
	RUCK DEVELOPMENT	Execution of skills/decision making
	3 MAN SCRUMS	Execution of skills/decision making
	PATTERN OF PLAY	Execution of skills/decision making

	ASSESSMENT THROUGH GAME SITUATIONS	Tactics/strategies/technique/decision making
		Application of tactical and strategic ideas Knowledge/strategies/tactical awareness
Football (boys and	PASSING (RANGE OF SUCH AS DRIVEN, LOFT,)	Execution of skills/decision making
girls) taught separately	CONTROL IN AIR (VOLLEY, HEAD, CHEST, THIGH) RECEIVING THE BALL – IN SPACE & TIGHT AREAS DEFENDING AS A TEAM	Execution of skills/decision making
	DEVELOPING WIDTH IN ATTACK	Execution of skills/decision making
	SHOOTING GAME PLAY/ASSESSMENT INCLUDING MAIN RULES	Execution of skills/decision making/tactics/strategies
		Execution of skills/decision making
		Tactics/strategies/technique
		Tactics/strategies/technique/decision making
Half Term 2	PASSING – DEVELOPING A RANGE, LONG, SHORT, DISGUISE	Execution of skills/decision making
Handball (boys and girls mixed)	DRIBBLING, SPEED, ZIG ZAG, DECISION MAKING	Execution of skills/decision making
	SHOOTING	Execution of skills/decision making
	ATTACKING PLAY (individual and team)	Execution of skills/decision making
	DEFENDING (Individual and team)	Execution of skills/decision making
	GAME PLAY/ASSESSMENT TO INCLUDE BASIC RULES	Tactics/strategies/technique/decision making

Basketball (boys and		
girls mixed)	PASSING (develop a range of passes, when to use them in game situations)	Execution of skills/decision making
		Execution of skills/decision making
	DRIBBLING (two handed, speed dribble, decision making	Evacution of chills/docicion making
	SHOOTING (lay up)	Execution of skills/decision making
		Execution of skills/decision making
	ATTACKING PLAY (individual and team)	
	DEFENDING (team – zonal, man to man, half and full court)	Execution of skills/decision making
	GAME PLAY/ASSESSMENT TO INCLUDE ALL MAIN RULES	Tactics/strategies/technique/decision making

Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Term 2	FRONT CRAWL	Execution of skills
Swimming (boys and		
girls mixed)	BACK STROKE	Execution of skills

	BREAST STROKE BUTTERFLY (MA students only) ENTRY INTO WATER (dives, jumps)	Execution of skills Execution of skills Execution of skills
	SURVIVAL TECHNIQUES & RETREVAL	
Term 2 Gymnastics (boys and girls mixed)	GROUP BALANCES	Execution of skills/Application of compositional, tactical & strategic ideas
	TRAVEL – USING EQUIPMENT	Execution of skills /Application of compositional, tactical & strategic ideas
	INVERTED BALANCES (HEADSTANDS, HANDSTANDS)	Execution of skills/Application of compositional, tactical & strategic ideas
	TRAMPOLINING	Execution of skills
	ASSESSMENT TRAMPOLING & FLOOR	Execution of skills/Application of compositional, tactical & strategic ideas
		Execution of skills/Application of compositional, tactical & strategic ideas

Year 8 Curriculum Map

HRF (boys & girls mixed)	SAQ TRAINING	Develop expertise
	FITNESS TESTING (PHYSICAL RELATED)	Develop expertise
	FITNESS TESTING (SKILL RELATED)	Evaluating & analysing performance/engage & persist/healthy lifestyle choices
	METHODS OF TRAINING	
	METHODS OF TRAINING CONTINUED	Evaluating & analysing performance/engage & persist/healthy lifestyle choices

Unit of Work CORE KNOWLEDGE	KEY SKILLS
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Term 3 Athletics (boys and girls mixed)	Order & content to vary depending on weather – all students to complete all possible track & field events up to 800m.	
g	SPRINTING	Execution of skills/techniques
	JUMPING	Execution of skills/techniques
	THROWS	Execution of skills/techniques
	MIDDLE DISTANCE	Execution of skills/techniques
	RELAY	Execution of skills/techniques
Cricket (boys and girls mixed)	FIELDING (THROWING, GROUND FIELDING, HIGH CATCHES)	Execution of skills/techniques
giris inixeu)	BOWLING	Execution of skills/techniques
	BATTING	Execution of skills/techniques/decision making
	RUNNING BETWEEN WICKETS/COMMUNICATION	Execution of skills/techniques/decision making
	CONDITIONED GAME PLAY (PAIRS CRICKET)	Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas
	FULL SIDED GAMES (TO INCLUDE UMPURES) MAIN RULES LBW, WIDES, NO BALLS ETC)	Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas

Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Term 3		
Rounders (boys and girls mixed)	FIELDING (TO INCLUDE POSITIONS, FIELDING PLAYS, TACTICS)	Execution of skills/techniques/ decision making
giris irrixedy	BATTING	Execution of skills/techniques
	BOWLING	Execution of skills/techniques
	GAME PLAY INCLUDING POSITIONAL PLAY/RULES	Execution of skills/techniques/decision making
		Application of compositional, tactical & strategic ideas
Tennis (boys and	FOREHAND (INCLUDING LOB, TOPSPIN)	Execution of skills/techniques
girls mixed)	BACKHAND (INCLUDING SLICE, TOPSPIN)	Execution of skills/techniques
	VOLLEY	Execution of skills/techniques
	SERVE	Execution of skills/techniques
	SINGLES GAME PLAY INCLUDING RULES/SCORING	Execution of skills/techniques/decision making
	DOUBLES GAME PLAY INCLUIDING RULES/SCORING	Application of compositional, tactical & strategic ideas

Students to be assessed after each activity