Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 1 Netball (girls)	PASSING & MOVEMENT	Execution of skills/Decision making	MAJOR BONES/MUSCLES/JOINTS
	DODGING & CREATING SAPCE	Execution of skills/Decision making	SKILL CLASSIFICATION
	DEFENDING & INTERCEPTING	Decision making/Decision making	
	ATTACKING/MOVING THE BALL DOWN THE COURT	Decision making/Decision making	
	COMMUNICATION/KEEPING POSSESSION	Decision making/Decision making	
	GAME DEVELOPMENT	Tactics/strategies/technique/decision making Application of tactical and strategic ideas	
	FINAL ASSESSMENT FULL COURT GAME PLAY	Tactics/strategies/technique/decision making Application of tactical and strategic ideas	
Rugby (boys)	TACKLING RECAP	Execution of skills/decision making	MAJOR BONES/MUSCLES/JOINTS
	DEFENSIVE LINE WORK	Execution of skills/decision making	SKILL CLASSIFICATION
	PASSING:BEATING DEFENDERS WITH BALL	Execution of skills/decision making	
	RUCK DEVELOPMENT	Execution of skills/decision making	
	3 MAN SCRUMS	Execution of skills/decision making	
	PATTERN OF PLAY	Execution of skills/decision making	

	ASSESSMENT THROUGH GAME SITUATIONS	Tactics/strategies/technique/decision making Application of tactical and strategic ideas	
		Knowledge/strategies/tactical awareness	
Half Term 2 Handball (boys and girls mixed)	PASSING – DEVELOPING A RANGE, LONG, SHORT, DISGUISE DRIBBLING, SPEED, ZIG ZAG, DECISION MAKING SHOOTING ATTACKING PLAY (individual and team) DEFENDING (Individual and team) GAME PLAY/ASSESSMENT TO INCLUDE BASIC RULES	Execution of skills/decision making Tactics/strategies/technique/decision making	Effects of exercise (short, medium and long)
TABLE TENNIS	SERVE BACKHAND (TO INCLUDE SLICE & TOPSPIN)	Execution of skills/decision making Execution of skills/decision making	Arousal Levels & how to control them
	FOREHAND (TO INCLUDE LOB, TOPSPIN & DRIVE)	Execution of skills/decision making	
	GAME PLAY – (SINGLES & DOUBLES	Tactics/strategies/technique/decision making	

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Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 2	COMPONENTS OF FITNESS (THEORY &	Execution of skills	Health & Fitness (relationship)
Heath Related	PRACTICAL)		Components of fitness
Fitness		Execution of skills	Fitness tests
	FITNESS TESTING (PHYSICAL RELATED)		Training methods
		Execution of skills	
	FITNESS TESTING (SKILL RELATED)		
		Execution of skills	
	INTERPRETATION OF RESULTS ANALYSIS		
		Execution of skills	
	METHODS OF TRAINING (THEORY &		
	PRACTICAL)		
To 222	Classification of skills	Evenution of chille/Application of	Classification of skills
Term 2	Classification of skills	Execution of skills/Application of compositional, tactical & strategic ideas	Classification of skills
Sports psychology –	Goal Setting	compositional, tactical & strategic ideas	Goal Setting
linked to various	Goal Setting	Execution of skills /Application of	Goal Setting
	SMART Targets	compositional, tactical & strategic ideas	SMART Targets
sports eg swimming/gym/	SWART Targets	compositional, tactical & strategic ideas	SWART Targets
Trampolining/	Information processing Model		Information processing Model
Basketball/	information processing woder	Execution of skills/Application of	mormation processing Model
Football	Guidance	compositional, tactical & strategic ideas	Guidance
1 GOLDAN	Galdanice	compositional, tactical & strategic lucas	Guidance
	Feedback		Feedback
	1 CCGDGCK	Execution of skills	1 CCUBUCK
		LACCORDITION SIGNIS	

Year 9 Curriculum Map

Arousal		Arousal
Personality types	Execution of skills/Application of compositional, tactical & strategic ideas	Personality
reisonality types	compositional, tactical & strategic ideas	reisonanty
Motivation		Motivation
	Execution of skills/Application of compositional, tactical & strategic ideas	
	compositional, tactical & strategic lideas	

Year 9 Curriculum Map

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 3	Order & content to vary depending on		PEDS – What are they?
Athletics (boys	weather – all students to complete all		What are advantages and
and girls mixed)	possible track & field events up to 800m.		disadvantages?
		Execution of skills/techniques	
	SPRINTING		
		Execution of skills/techniques	
	JUMPING		
		Execution of skills/techniques	
	THROWS		
		Execution of skills/techniques	
	MIDDLE DISTANCE		
		Execution of skills/techniques	
	RELAY		

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 3			Influences on participation eg gender
Rounders (boys	FIELDING (TO INCLUDE POSITIONS,	Execution of skills/techniques/ decision making	
and girls mixed)	FIELDING PLAYS, TACTICS)		
		Execution of skills/techniques	
	BATTING		
		Execution of skills/techniques	
	BOWLING		
		Execution of skills/techniques/decision making	
	GAME PLAY INCLUDING POSITIONAL	Application of compositional, tactical &	
	PLAY/RULES	strategic ideas	

Year 9 Curriculum Map

Tennis (boys and girls mixed)	FOREHAND (INCLUDING LOB, TOPSPIN) BACKHAND (INCLUDING SLICE, TOPSPIN) VOLLEY SERVE SINGLES GAME PLAY INCLUDING RULES/SCORING DOUBLES GAME PLAY INCLUIDNG RULES/SCORING	Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas	

Students to be assessed after each Activity/unit