

Year 9 Curriculum Map

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 1 Netball (girls)	PASSING & MOVEMENT  DODGING & CREATING SAPCE  DEFENDING & INTERCEPTING  ATTACKING/MOVING THE BALL DOWN THE COURT  COMMUNICATION/KEEPING POSSESSION  GAME DEVELOPMENT  <b>FINAL ASSESSMENT FULL COURT GAME PLAY</b>	Execution of skills/Decision making  Execution of skills/Decision making  Decision making/Decision making  Decision making/Decision making  Decision making/Decision making  Tactics/strategies/technique/decision making Application of tactical and strategic ideas  Tactics/strategies/technique/decision making Application of tactical and strategic ideas	MAJOR BONES/MUSCLES/JOINTS  SKILL CLASSIFICATION
Rugby (boys)	TACKLING RECAP  DEFENSIVE LINE WORK  PASSING:BEATING DEFENDERS WITH BALL  RUCK DEVELOPMENT  3 MAN SCRUMS  PATTERN OF PLAY	Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making	MAJOR BONES/MUSCLES/JOINTS  SKILL CLASSIFICATION

Year 9 Curriculum Map

	<b>ASSESSMENT THROUGH GAME SITUATIONS</b>	Tactics/strategies/technique/decision making Application of tactical and strategic ideas  Knowledge/strategies/tactical awareness	
Half Term 2 Handball (boys and girls mixed)	PASSING – DEVELOPING A RANGE, LONG, SHORT, DISGUISE  DRIBBLING, SPEED, ZIG ZAG, DECISION MAKING  SHOOTING  ATTACKING PLAY (individual and team)  DEFENDING (Individual and team)  GAME PLAY/ASSESSMENT TO INCLUDE BASIC RULES	Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Tactics/strategies/technique/decision making	Effects of exercise (short, medium and long)
TABLE TENNIS	SERVE  BACKHAND (TO INCLUDE SLICE & TOPSPIN)  FOREHAND (TO INCLUDE LOB, TOPSPIN & DRIVE)  GAME PLAY – (SINGLES & DOUBLES	Execution of skills/decision making  Execution of skills/decision making  Execution of skills/decision making  Tactics/strategies/technique/decision making	Arousal Levels & how to control them

Year 9 Curriculum Map

--	--	--	--

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 2 Health Related Fitness	<p>COMPONENTS OF FITNESS (THEORY &amp; PRACTICAL)</p> <p>FITNESS TESTING (PHYSICAL RELATED)</p> <p>FITNESS TESTING (SKILL RELATED)</p> <p>INTERPRETATION OF RESULTS ANALYSIS</p> <p>METHODS OF TRAINING (THEORY &amp; PRACTICAL)</p>	<p>Execution of skills</p> <p>Execution of skills</p> <p>Execution of skills</p> <p>Execution of skills</p> <p>Execution of skills</p>	<p>Health &amp; Fitness (relationship)</p> <p>Components of fitness</p> <p>Fitness tests</p> <p>Training methods</p>
Term 2 Sports psychology – linked to various sports eg swimming/gym/ Trampolining/ Basketball/ Football	<p>Classification of skills</p> <p>Goal Setting</p> <p>SMART Targets</p> <p>Information processing Model</p> <p>Guidance</p> <p>Feedback</p>	<p>Execution of skills/Application of compositional, tactical &amp; strategic ideas</p> <p>Execution of skills /Application of compositional, tactical &amp; strategic ideas</p> <p>Execution of skills/Application of compositional, tactical &amp; strategic ideas</p> <p>Execution of skills</p>	<p>Classification of skills</p> <p>Goal Setting</p> <p>SMART Targets</p> <p>Information processing Model</p> <p>Guidance</p> <p>Feedback</p>

Year 9 Curriculum Map

	Arousal Personality types Motivation	Execution of skills/Application of compositional, tactical & strategic ideas  Execution of skills/Application of compositional, tactical & strategic ideas	Arousal Personality Motivation
--	--	--	--------------------------------------

Year 9 Curriculum Map

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 3 Athletics (boys and girls mixed)	Order & content to vary depending on weather – all students to complete all possible track & field events up to 800m.  SPRINTING  JUMPING  THROWS  MIDDLE DISTANCE  RELAY	Execution of skills/techniques  Execution of skills/techniques  Execution of skills/techniques  Execution of skills/techniques  Execution of skills/techniques	PEDS – What are they? What are advantages and disadvantages?

Unit of Work	CORE KNOWLEDGE	KEY SKILLS	GCSE TOPICS LINKED
Term 3 Rounders (boys and girls mixed)	FIELDING (TO INCLUDE POSITIONS, FIELDING PLAYS, TACTICS)  BATTING  BOWLING  GAME PLAY INCLUDING POSITIONAL PLAY/RULES	Execution of skills/techniques/ decision making  Execution of skills/techniques  Execution of skills/techniques  Execution of skills/techniques/decision making Application of compositional, tactical & strategic ideas	Influences on participation eg gender

Year 9 Curriculum Map

Tennis (boys and girls mixed)	<p>FOREHAND (INCLUDING LOB, TOPSPIN)                  BACKHAND (INCLUDING SLICE, TOPSPIN)                  VOLLEY                  SERVE                  SINGLES GAME PLAY INCLUDING RULES/SCORING                  DOUBLES GAME PLAY INCLUDING RULES/SCORING</p>	<p>Execution of skills/techniques                  Execution of skills/techniques                  Execution of skills/techniques                  Execution of skills/techniques                  Execution of skills/techniques/decision making                  Application of compositional, tactical &amp; strategic ideas</p>	
-------------------------------	--	---	--

Students to be assessed after each Activity/unit