

KS5 Curriculum Map

BTEC Level 3 National Diploma/Extended Diploma In Sport

Year 13

	BTEC Sport National Diploma Unit	CORE KNOWLEDGE	KEY SKILLS
Year 13 Autumn Term	Unit 5 – Application of fitness testing	A: Understand the principles of fitness testing B: Explore fitness tests for different components of fitness C: Undertake evaluation and feedback of fitness test results	Understanding Explaining Applying Demonstrating Delivery Explore Health and Safety
Year 13 Autumn Term	Unit 6 – Sports Psychology	A – Understand how personality, motivation and competitive pressure can effect a sports performance. B – Examine the impact of group dynamics in team sports and its effects on performance. C – Explore psychological skills training programmes designed to improve performance.	Understanding Explaining Applying Examining Exploring Evaluating Analysing Justifying
Year 13 Autumn Term	Unit 8 – Coaching for performance	A: Investigate the skills, knowledge, qualities and best practice of performance coaches B: Explore practices used to develop skills, techniques and tactics for performance C: Demonstrate effective planning of coaching for performance	Understanding Explaining Applying Demonstrating Coaching

		D: Explore the impact of coaching for performance	Healthy and Safety
Year 13 Autumn Term	Unit 19 – Development and Provision of Sport and Physical Activity (Extended Diploma Only)	AO1 – Demonstrate knowledge and understanding of sports development, the role and functions of sports development organisations, and the relationship between commercialisation and the media in wider sports development AO2 – Apply knowledge and understanding of sports development and its measurement, sports development organisations, and the relationships between commercialisation and the media to familiar and unfamiliar contexts AO3 – Analyse and evaluate the sports development proposals in the wider sports development context.	Explaining Analysing Justifying
Year 13 Autumn Term	Unit 22 – Investigating Business in Sport and the Active Leisure Industry	Analyse Business Models In Sport Analyse Job roles in the Sports Industry Analysing the role of marketing and finance in the SAL Industry Investigating trends in the SAL Industry	Explaining Analysing Justifying
Year 13 Autumn Term	Unit 23 – Skill Acquisition In Sport	Investigate the nature of skilled performance Examine ways that sport performers process information for skilled performance	Explaining Analysing

	Unit of Work	CORE KNOWLEDGE	KEY SKILLS
Year 13 Spring Term	Unit 5 – Application of fitness testing	A: Understand the principles of fitness testing B: Explore fitness tests for different components of fitness C: Undertake evaluation and feedback of fitness test results	Understanding Explaining Applying Demonstrating Delivery Explore

			Health and Safety
Year 13 Spring Term	Unit 6 (Extended Diploma Only)	C – Explore psychological skills training programmes designed to improve performance.	Understanding Explaining Applying Examining Exploring Evaluating Analysing Justifying
Year 13 Spring Term	Unit 8 – Coaching for performance	A: Investigate the skills, knowledge, qualities and best practice of performance coaches B: Explore practices used to develop skills, techniques and tactics for performance C: Demonstrate effective planning of coaching for performance D: Explore the impact of coaching for performance	Understanding Explaining Applying Demonstrating Coaching Healthy and Safety
Year 13 Spring Term	Unit 19 – Development and Provision of Sport and Physical Activity	To sit exam in January	Exam preparation Variety of revision techniques
Year 13 Spring term	Unit 22 – Investigating Business in Sport and the Active Leisure Industry	To sit exam in January	Exam preparation Variety of revision techniques
Year 13 Spring term	Unit 23 - Skill Acquisition In Sport	Explore theories of teaching and learning in sport Carry out teaching and learning strategies for sports skills.	Evaluating Analysing
Year 13 Spring/Summer Term	Unit 7 (Diploma Only)	Examine National Governing Body rules/laws and regulations for selected sports competitions	Techniques required for specific sports Analysis Evaluation

		<p>Examine the skills, techniques and tactics required to perform in selected sports</p> <p>Develop skills, techniques and tactics for sporting activity in order to meet sport aims</p> <p>Reflect on own practical performance using selected assessment methods.</p>	Justifying
<p>Year 13 Spring/Summer Term</p>	Unit 18 (Extended Diploma only)	<p>Researching where you might have the opportunity to get a placement and designing a personal action plan</p> <p>Completing applications for your placement' composing letters and CVs and being interviewed for your placement</p> <p>Keeping a record that details what you have done in your placement</p> <p>Completing a self-appraisal that analyses your performance during the placement.</p>	<p>Communication</p> <p>Developing CV</p> <p>Confidence</p> <p>Workplace specific skills such as presentation and punctuality</p>
<p>Year 13 Spring/Summer Term</p>	Unit 31 (Extended Diploma Only)	<p>Examine how sport has developed in the UK</p> <p>Explore how media and technology influence modern sport</p> <p>Understand how current issues affect sports participation.</p>	<p>Research skills</p> <p>Analysis</p> <p>Evaluation</p> <p>Justifying</p>