

Key Stage 4 PSHE

Curriculum Map

2021-22

Delivery: At KS4, the curriculum is delivered primarily through form time. Students also participate in drop-down days, assemblies, and workshops.

YEAR 10

- Body Image
- Eating Disorders
- Self-Esteem
- Body Positivity
- HIV
- Hate Crime
- Homelessness
- Grief and Bereavement
- Social Anxiety
- Crime, Gangs and County Lines
- Preparing for Work and Job Interviews
- Community Cohesion
- Sexism and Gender Prejudice
- First Aid

YEAR 11

- Long-Term Relationships
- Honour-Based Violence
- Unconscious Bias
- Homophobia
- Revision and Stress
- Ableism
- Gambling
- Perseverance and Procrastination
- Applying for Further Education
- GCSE Revision and Study Skills
- Relationship Break-Ups
- Consent

The following topics are covered as part of the Sex Education curriculum:

Session	Title	Statutory Requirements Met	Learning Intentions
YEAR 10			
1	What Is Sex?	1; 2; 4; 5	<ul style="list-style-type: none"> ✓ Define what sex is ✓ Know the important characteristics of positive intimate relationships (respect, consent, loyalty, trust, shared interests and outlook, sex, and friendship) ✓ Know the contribution sexual intimacy can make to the human experience (e.g. mental health, reproductive health) ✓ Knowing to have sex only when you feel ready
2	Fertility and Reproduction	3; 6; 8	<ul style="list-style-type: none"> ✓ Know how sexual reproduction works ✓ Know how our lifestyle choices impact on fertility ✓ Know how menopause functions ✓ Know and analyse the different contraception choices ✓ Know and analyse the family planning choices (keeping the baby, adoption, abortion etc.)
3	Question Time	Various	<i>Students to anonymously submit questions via a Google Form which will then be answered.</i>
YEAR 11			
1	Sexual Health	9; 10; 12	<ul style="list-style-type: none"> ✓ Know how STIs are transmitted, and the effect they can have on your health ✓ Know how to reduce the risk of STI transmission ✓ Know how STI testing works, and where to access sexual health support
2	Pornography and Sexual Risks	11; 12	<ul style="list-style-type: none"> ✓ Know the importance of reducing sexual risks ✓ Know how alcohol and drugs can lead to risky sexual behaviour ✓ Understand how pornography presents a distorted picture of sexual behaviours
3	Question Time	Various	<i>Students to anonymously submit questions via a Google Form which will then be answered.</i>