



The Astley Cooper School

Part of the East Dacorum Co-operative Learning Trust

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September 2019

Headteacher: Edward Gaynor

Dear Parent/ Carer,

As part of their PSHE programme, Year 7 girls will have an additional assembly, **girls only** on **Thursday 26 September** in the Drama studio on the topic of menstruation and growing up, enabling them to develop their knowledge and understanding of a number of areas linked to the topic. The session will cover:

- *Menstruation*
- *Puberty*

Your daughter will be given a pack with useful information and some free products to use if they wish. A useful website to support your daughter during this time is www.bettyforschools.co.uk.

Please complete the slip below if you **do not want** your daughter to take part in the assembly.

If you would like to discuss the PSHE programme of study with us further, please do not hesitate to contact us directly on email c.mcintyre@astleycooper.herts.sch.uk or j.goodchild@astleycooper.herts.sch.uk

Yours sincerely,

Mrs C Keane Mrs J Goodchild

PSHE Coordinator Head of Year 7

Please complete and return to Mrs Keane

Name:..... Form:.....

I do not want my child to take part in the PSHE event- Girls assembly on Thursday 26 September.

------(parent/ carer).



Prepared for learning, prepared for life